



2026 CPR Class Schedule

Red Cross CPR/AED for the Professional Rescuer with First Aid

Full Certifications

Class time	6 hours
Expiration	2 years for CPR, AED & First Aid 1 Year For Lifeguards in the State of Nebraska
Class fees	YMCA Members.....\$96 Community Members.....\$155
Description	Includes CPR/AED for Adult & Child, CPR for Infants and Standard First Aid.

*If you need to retrieve your certification. Go to redcross find my certificate, enter their email address.

Days	Dates	Times	Y Location	Notes
Winter/Spring Session				
Wednesday	January 7	12pm-6pm	Cooper	
Sunday	January 11	12pm-6pm	Copple Family	
Sunday	February 1	12pm-6pm	Fallbrook	
Wednesday	March 4	12pm-6pm	Cooper	
Sunday	March 8	12pm-6pm	Copple Family	
Saturday	April 4	12pm-6pm	Fallbrook	
Saturday	April 18	12pm-6pm	Fallbrook	
Summer Session				
Sunday	May 3	12pm-6pm	Copple Family	
Sunday	May 17	11am-5pm	Fallbrook	
Sunday	May 31	12pm-6pm	Fallbrook	
Saturday	June 6	9am-3pm	Northeast	
Wednesday	July 8	12pm-6pm	Cooper	
Saturday	August 1	9am-3pm	Northeast	
Fall Session				
Sunday	September 13	12pm-6pm	Copple Family	
Wednesday	September 23	12pm-6pm	Cooper	
Saturday	October 3	9am-3pm	Northeast	
Sunday	October 4	12pm-6pm	Fallbrook	
Wednesday	November 4	12pm-6pm	Cooper	
Sunday	November 15	12pm-6pm	Copple Family	
Saturday	December 5	9am-3pm	Northeast	
Sunday	December 6	12pm-6pm	Fallbrook	

Note: Lifeguards will take full certification class as part of the Lifeguarding Course.

Pre-registration for classes required. Contact your local Lincoln Y to register.

Updated 11/3/25



2026 CPR Class Schedule

Red Cross CPR/AED for the Professional Rescuer with First Aid

Re-Certifications

Class time	3 hours
Expiration	2 years for CPR, AED & First Aid 1 Year For Lifeguards in the State of Nebraska
Class fees	Lincoln Y Members.....\$61 Community Members.....\$118
Description	Includes review of CPR/AED for Adult & Child, CPR for Infants, and Standard First Aid

*If you need to retrieve your certification. Go to redcross find my certificate, enter their email address.

<u>Days</u>	<u>Dates</u>	<u>Times</u>	<u>Y Location</u>
Winter/Spring Session			
Saturday	January 24	11am-2pm	Fallbrook
Sunday	Feb 1	11 am – 2pm	Copple Family
Friday	February 6	12pm-3pm	Cooper
Saturday	February 28	11am-2pm	Fallbrook
Wednesday	March 18	5:30pm -8:30pm	Northeast
Sunday	April 12	11 am – 2pm	Copple Family
Summer Session			
Saturday	May 2	11am-2pm	Fallbrook
Friday	June 5	12pm-3pm	Cooper
Sunday	June 7	11 am – 2pm	Copple Family
Wednesday	July 8	5:30pm -8:30pm	Northeast
Sunday	August 2	11 am – 2pm	Copple Family
Friday	August 14	12pm-3pm	Cooper
Fall Session			
Wednesday	September 16	5:30pm -8:30pm	Northeast
Sunday	October 4	12pm-3pm	Cooper
Sunday	October 18	11 am – 2pm	Copple Family
Saturday	November 7	11am-2pm	Fallbrook
Wednesday	November 11	5:30pm -8:30pm	Northeast
Friday	December 4	12pm-3pm	Cooper
Sunday	December 6	11 am – 2pm	Copple Family

Note: Lifeguards may now also participate in the review CPR classes.

Pre-registration for classes required. Contact your local Lincoln Y to register.

Updated 11/3/25